組別 Team ID：202207

專題屬性 Category：行動商務（M-commerce）

專題名稱 Project：BEET

一、 指導老師 Advisor：戴紹國 老師（Prof. Shao-Kuo, Tai）

二、 組員 Team members：周偉德（10814215）、王玫香（10814182）、

杜雅君（10814231）、何納博（10814256）、

安芮美（10814186）、巴博特（10814188）、

任貝絲（10814189）、劉中瑞（10814179）

三、 系統環境 System environment：

（一）軟體 Software：

作業系統 Operating System： IOS

語言 Programing language： swift UI

開發工具 Toolkits： x code

（二）硬體 Hardware：

Mac book

四、 Introduction：

Introduction

Beet is software applications for tracking nutritional intake and managing diets for healthy eating, weight loss, weight maintenance, weight gain, and fitness. Also suitable to control your eating if you have food sensitivities, and medical conditions, such as diabetes, cholesterol, etc., since all the nutritional intake will be listed.

Our APP was developed to make daily life easier for everyone. Mainly targeting students, people with food sensitivity, and those who are trying to lose, gain, maintain their weight.

Millions of people worldwide follow weight-loss diets or track their nutritional intake or avoid certain types of food for medical reasons. With the proliferation of smartphones and other mobile devices, apps have made following prescribed diets significantly easier, more convenient, and less expensive. Also, you can use Beet app to make your own food.

Features
- Find your diets.

Find a diet that fits your lifestyle： Calorie Counting, Low-Carb,Keto,Vegan...
- Track your food

Keeping a food journal can help you understand your habits and make you more likely to reach your goals. Use the App to track your food and make your own food.
- Lose Weight

Reach your goals and continue to set new ones for a happier, healthier you!